



FOR IMMEDIATE RELEASE: WenLin Chinese School announces its 1st ever Chinese Traditional Arts Festival and Chinese Martial Arts Gala 2018

Balham, SW London, April 9, 2018: WenLin Chinese School will host the first ever UK Chinese Traditional Arts Festival and Martial Arts Gala in May as part of Wandsworth Arts Fringe 2018. It will communicate to the general public the beauty and strength of Chinese art and culture, while also heightening awareness on mental health in today's youth. In three days of events the activities scheduled for May 6th, 13th and 19th will bring together 100 Chinese Wushu Masters and renowned Artistes from across the UK.

WenLin focuses strongly on recognising and addressing the needs of each child in its care. In so doing it has issued a challenge to thousands across the UK to purchase tickets in an aim to lend assistance to its selected charity for this year, YoungMinds. "At WenLin School mental health is a subject that we care about deeply," says Rosa Wang, Principal of WenLin Chinese School.

She continues, "More so, on a personal level it is a topic we are very passionate about promoting. We focus on helping others and this is one avenue through which we can do exactly that. We invite the public to be a part of the soulful expressions, spectacular exhibitions, breathtaking performances and a rich display of fine Chinese artistry at its best that the Wushu Masters and reputed Artistes will deliver in our May event."

On 6th May from 10:30 a.m. to 3:00 p.m. participants will be able to immerse themselves in rich Chinese culture through the arts of Chinese painting, calligraphy, tea ceremony, qin performance, traditional Chinese opera, paper cutting, dance instruments and more.

On the 13th from 11:00 a.m. to 3:00 p.m. different kung fu schools will showcase their discipline in the Chinese Martial Arts Gala. Visitors can witness the Overall Martial Arts Demonstration, tai chi performances, the competitions for wushu, lion dance, and dragon dance.

On May 19 the festival will commence with a grand finale from 3:30 - 5:00 p.m. They will be treated to a Qipao show, traditional Chinese opera, GuQin and Erhu performances, traditional dance and Wushu demonstrations.

As an institution that emphasises on meeting its social responsibility and holistically addressing the social, emotional and mental needs of all individuals Wang sees this fusion of art and artistic expression (and practicing Chinese Wu Shu) as a healthy avenue to provide exposure to Chinese traditions and cultural art forms. More so she sees it as an enjoyable way to strengthen the mental health of all participants and visitors. In highlighting the concern of YoungMinds Chief Executive Sarah Brennan about long delays in children being assessed or being turned away from treatment and of young people self-inflicting harm or being suicidal while awaiting support, Wang has echoed Brennan's call. As she emphatically states, "With more funds, the charity would strive to provide the best possible mental health support to those in need and overcome whatever challenges they might face."

For further information on this Chinese Traditional Arts Festival and charitable undertaking please visit <https://www.wandsworthfringe.com/whats-on-2018/chinese-traditional-arts-festival>.

About WenLin Chinese School: WenLin is a premier Chinese language school that is led by its Principal and Founder Rosa Wang. At WenLin confidence, honesty, kindness, perseverance and respect are engrained in every aspect of the school and applied to the

lives of students in its care. As a very diverse educational institution WenLin is committed to sharing knowledge, empowering students and building its nurturing and supportive environment for its students and families across South West London.

About YoungMinds: YoungMinds is an independent UK charity in its 25th year of existence. It is Committed to leading a fight where all young minds are empowered and supported. According to its recent #FightFor Report, “Only 9% of young people and 6% of parents reported that they had found it easy to get the support they needed. 66% of young people and 84% of parents reported they had found it difficult; only 6% of young people and 3% of parents agreed that there is enough support for children and young people with mental health problems. 81% of young people and 94% of parents disagreed. Two further surveys that they conducted in January and February 2018 respectively revealed that there were 2,702 complete responses from children and young people up to the age of 25 who had looked for support for their mental health in the UK. 5% were 13 or under while 28% were 14-15, 40% were 16-17, 17% were 18-21 and 10% were 22-25.

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